

Severn Beach Preschool

Help and guidance around deciding whether your child should attend preschool if under the weather or ill.

Poorly children do not enjoy preschool. They like cuddles at home where they can rest and be comfortable.

If your child is unwell please do not dose them with Calpol or any paracetamol or ibuprofen medication before they attend, this may mask a temperature and put other children at risk of infection.

If your child becomes unwell at preschool you will be called to collect them.

SYMPTOM	ADVICE
<p>Does your child have a temperature?</p> <p>Above 37.5°C - or feels hot to touch on their chest and back if you do not have a thermometer.</p>	<p>Keep your child at home.</p> <p>Your child can return to preschool once they have had a normal temperature for 24 hours and they are well again.</p> <p>If you are unsure as to the cause of the temperature and you are at all worried contact your GP surgery.</p> <p>If you decide to do a covid test or are asked to do a test by healthcare professionals and the result is positive you must keep your child at home for at least 3 days and they can return once they have had a normal temperature for 24 hours and they are well again.</p>
<p>Does your child have a new or persistent cough?</p>	<p>Keep your child at home.</p> <p>Please keep them home until they are well enough to return to preschool.</p> <p>Coughs and sneezes spread diseases. 😊</p>
<p>New runny nose?</p>	<p>If you can, keep your child at home until you are sure this is just a common cold, and at least for 24 hours.</p> <p>Your child may return to preschool once they feel well again. Some children have a persistent runny nose through the colder months. We expect to still to see them at preschool as long as there are no accompanying covid/illness symptoms and your child feels well enough to attend.</p> <p>Generally if the mucus is thick and green/yellow it could suggest an infection of some sort and medical advice should be sought just in case.</p>

SYMPTOM	ADVICE
Diarrhoea and/or sickness	<p>Please keep your child at home until 48 hours have passed since the last episode of sickness or diarrhoea.</p> <p>Your child should only return after this time has passed and when they feel well enough to do so. If the tummy upset is accompanied by a temperature then you must have a covid test and your family should self isolate until the test results are confirmed - as for 'temperature' section.</p>
Suspected ear infection/urine infection/tonsillitis	<p>Your child will need to be seen by a GP to confirm a diagnosis and to prescribe antibiotics if necessary. After this diagnosis and once 24 hours has passed since any temperature has returned to normal and they are well enough to do so, your child can return to preschool.</p> <p>If there was no temperature but antibiotics have been prescribed, please keep children home for at least one day following the start of the medication. If they return to preschool but are still feeling wiped out or unwell we will ask you to come and collect them.</p>
Rash anywhere on face or body	<p>See a GP to have the rash diagnosed.</p> <p>(NOTE If this rash does not fade/disappear under the pressure of a clear drinking glass you must seek urgent medical advice by calling 999)</p> <p>If your child is feeling well and 24 hours have passed since the rash appeared and the GP has not been able to diagnose a specific illness your child may return to preschool.</p> <p>If your GP diagnoses a specific illness please follow the exclusion times for that illness.</p> <p>Please note that if your child has impetigo they will need to stay at home until cream is being applied.</p>
Conjunctivitis	<p>Children will need to be using prescribed cream/drops before they can return to preschool. You might be able to just get this by seeing the pharmacist. They might tell you they can come to preschool with no treatment, but our rules are that they need to be having treatment as we have a responsibility to stop the spread of infection. Otherwise they may return once the infection has cleared.</p>
Generally under the weather / lethargic / tearful and sleepy.	<p>Keep your child at home if you can.</p> <p>If you have to go to work then you can bring them to see how they go. But please be prepared to have to come and collect them if we feel they are not coping at preschool.</p>

SYMPTOM	ADVICE
Hand foot and mouth or slapped cheek.	There are no official exclusions for these diseases and the GP may advise that you can send them to preschool. However they are highly infectious and can make children feel really poorly. As we are required to stop the spread of infection we state that you need to keep your child at home until they are no longer infectious which will be at least 3 days.

If your child is poorly and not coming to preschool please give us a call to let us know why.

If your child has an infection disease then please contact us to discuss their exclusion period. The GP may say there is no exclusion but they do not take into account our legal requirement to prevent the spread of infection.